



FIRE & RESCUE



Summertime Water Safety

Summertime is always a very special time of year for getting out and finding cool ways to relax and enjoy the nice days. Even though our NW Oregon summers are generally pretty mild, many of you will head to the rivers, lakes, or local public or private pools to cool off when the mercury rises.

Please make sure you keep safety in mind when you need to cool down

- Never attempt to swim alone, and always have a buddy or two with you when you swim.
- Parents should watch children at all times, even if the kids know how to swim.
- Children who can't swim well or can't swim at all should always wear a life jacket when they are even near water, and must be within your reach.
- If you aren't sure how to swim, sign up for swim lessons! They're not just for kids.
- Never swim or boat while drinking alcohol.
- Watch for sudden drop offs or rocks closer than they seem when swimming or diving into lakes and rivers. And remember that the water will be cold!



Keep your pool covered and locked up when not in use. Never let a child play outside with an open and unattended swimming pool, even if it's just one of those little plastic "kiddy pools"



**FOREST GROVE FIRE & RESCUE &
THE CORNELIUS FIRE DEPARTMENT**
PREVENT, PROTECT, SERVE